

Many care homes offer dementia care services, but determining the quality of this care and its impact on the residents can be a challenge.

Our checklist is designed to assist families in their search for exceptional dementia care.

If you're looking for a care home that ticks all the boxes, contact get in touch with our friendly team to find your nearest Hamberley Care Home.

1. The Living Environment

- Is the environment dementia-friendly (lighting, signage, outdoor space)?
- Are there quiet, calm areas for relaxation?
- Is there accessible outdoor space for physical activity?
- Does the home have comfortable, dementia-friendly furniture and equipment?
- Are wayfinding and orientation aids (like signage) dementia-friendly?

2. Technology and Equipment

- Does the home use the latest technology and equipment for dementia care?
- Are innovative systems like interactive sensory devices (e.g., 'Magic Table') used?
- Is there software for personalised care planning and monitoring?

3. Mealtime Experience

- Are meals nutritionally balanced and varied?
- Is the dining experience adaptable to residents' schedules and needs?
- Are there facilities for residents with special dietary needs (e.g., dysphagia)?
- Is the mealtime environment conducive to social interaction?

4. Staff Training and Skills

- Do staff members have specialised dementia care training?
- Is there ongoing training to keep staff up-to-date with dementia care advancements?
- Are there staff 'Champions' for additional support and guidance?

5. Research and Evidence-Based Approach

- Does the home follow a research-led approach to dementia care?
- Are care practices and interventions evidence-based?
- Is there collaboration with experts and research bodies in dementia care?

6. Additional Considerations

- Check the care home's rating on relevant quality commission websites.
- Inquire about personal experiences and testimonials from current residents or families.
- Visit the care home, if possible, to observe the environment and interact with staff.

This checklist should help you thoroughly evaluate different care options and make an informed decision that best suits the needs of your loved one with dementia in the UK.